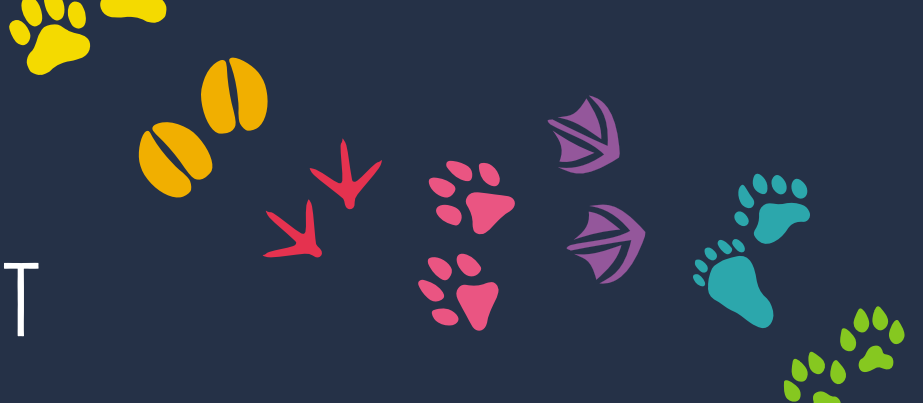


WALK TO SCHOOL ACTIVITY SHEET



NAME: _____

SCHOOL: _____

1. QUIZ

1. How many minutes of physical activity should you do each day?

2. On average, how much water should you be drinking each day?

3. To the nearest 10 seconds, what is the world record for running 1km?

4. Which animal can you lead upstairs but not downstairs?

5. Koalas are often mistaken to be part of which animal family?

6. Which of the Walk to School animals is the fastest on land?

7. The Falcon is a species of which animal?

8. Which animal is known to always land on its feet?

9. Which food group takes up the largest part of the food pyramid?

10. How many hours of sleep should you get each night?

11. How many serves of fruit and vegetables should you have each day?

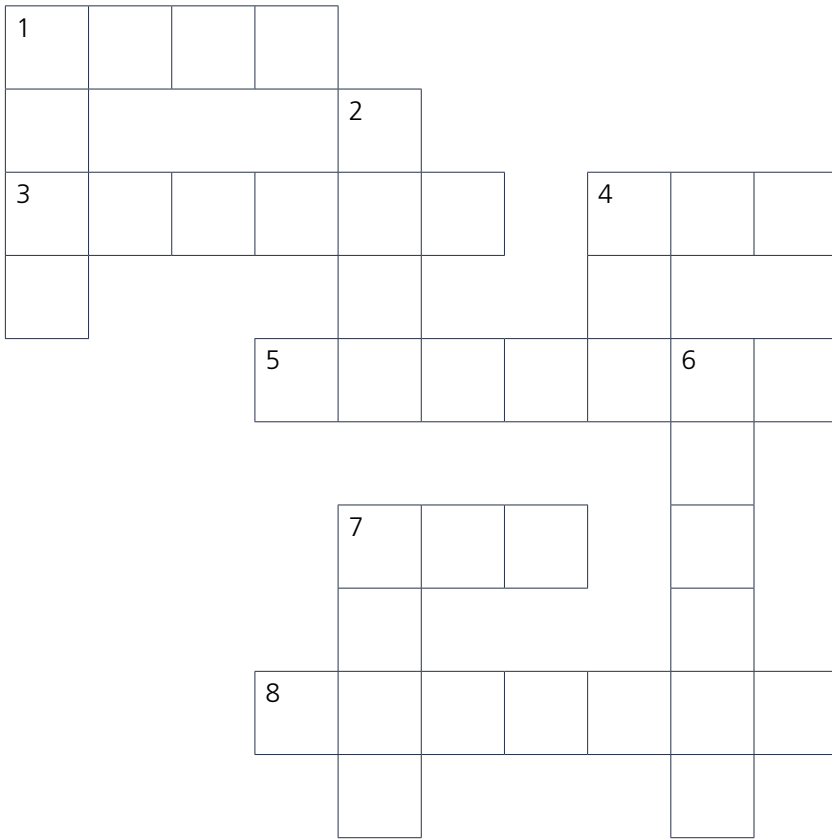
12. How many teaspoons of sugar are in a standard can of soft drink?

2. SPOT THE HAZARDS

Circle each of the dangerous actions of people on or near the road.



3. CROSSWORD PUZZLE



ACROSS

1. Brown, polar and black are all species of this animal
3. Has big ears and likes to hop.
4. Four-legged animal that has hooves
5. Kids that walk to school every day are very _____
7. 1 year for you is 7 years for me
8. Two wheels, handle bars, no pedals, what am I?

DOWN

1. The Ostrich is the largest _____ in the world
2. Ride one to school instead of driving!
4. Some say I have 9 lives
6. Remember to wear one when you ride or scoot to school!
7. Animal that can live on land or water

4. CRACK THE CODE

Complete each equation and fill in the box with a letter using the key below. Can you crack the code?

$13+10$	$3-2$	$8+4$	$22-11$	$4+5$	$7+7$	$14-7$
$9+11$	$9+6$					
$21-2$	3×1	2×4	15×1	3×5	4×3	
$4 \times 3 + 1$	$7 \div 7$	$3 \times 3 + 2$	$10 \div 2$	$4 \times 5 - 1$		
5^2	$12 \div 4 \times 5$	$9 \div 3 \times 7$				
$1+8 \div 4$	$3+6 \times 2$	4^2-1	$6 \div 2+3^2$			

1	A
2	B
3	C
4	D
5	E
6	F
7	G
8	H
9	I
10	J
11	K
12	L
13	M
14	N
15	O
16	P
17	Q
18	R
19	S
20	T
21	U
22	V
23	W
24	X
25	Y
26	Z